

The EMDR Recent-Traumatic Episode Protocol (EMDR R-TEP) A Comprehensive Approach for Early EMDR Intervention (EEI)

EMDR has demonstrated effectiveness in treating chronic PTSD and old trauma memories, yet Early EMDR Intervention (EEI) protocols have only recently begun to receive more attention from EMDR researchers and clinicians.

It is proposed that EEI, while trauma memories have not yet been consolidated or integrated, may be used not only to treat acute distress but may also provide a window of opportunity in which a brief intervention, possibly on successive days, could prevent complications and strengthen resilience. Checking also for sub-clinical sticking points that can obstruct the Adaptive Information Processing (AIP), the R-TEP may reduce the sensitization and accumulation of trauma memories.

As part of a comprehensive approach to EEI, this workshop presents the EMDR Recent Traumatic Episode Protocol (EMDR R-TEP), which is an integrative protocol that incorporates and extends existing protocols within a new conceptual framework, together with additional measures for containment and safety. The R-TEP will be taught with video case illustrations and a practicum.

Presented by: Elan Shapiro, PsyD
Monday, April 23, 2018

The Verve, Crowne Plaza Boston-Natick
1360 Worcester Street
Natick, MA 01760

Sponsored by EMDR Advanced Training & Distance Learning

7 credits: EMDRIA, APA, NBCC approved masters level (LCSW, LMFT, LMHC, LPC)

Registration at: emdrearlyintervention.com

Local questions - info@emdradvancedtrainings.com

Program Fees (7 CEUs and EMDRIA credits):

\$175 if sent by February 15, 2018

\$190 if sent by March 15, 2018

\$199 if sent after March 15, 2018

\$35 discount for EMDRIA regional coordinators, EMDR EI TRN members and other regional intervention volunteers, non-profit employed clinicians (30+ hours/week), and groups of four or more (for distance viewing only)

Full refunds until Feb 15; 80% until March 15; 60% until April 13; none thereafter

Schedule— 8:00am to 5:15pm

8:00am	Registration
9:00	Introduction and overview; video case illustrations
10:30	Break
10:45	Modular Practice A (case transcript)
12:15pm	Lunch
1:30	Practicum C groups of 3
3:00	Break
3:15	Continued
4:00	Research and Summary
5:15	Conclusion



Elan Shapiro is a Psychologist in private practice with over 30 years of experience working in a community psychological service in upper Nazareth. Originally specializing in Adlerian psychology he came to EMDR in 1989 after attending one of the first trainings Francine Shapiro ever gave. In 1994 he became an EMDR Institute Facilitator and was among the founding

members of EMDR Europe. He is an EMDR Europe Accredited Consultant and past Secretary of the EMDR Europe Association. Recipient of the Servan-Schreiber award, from the University of Lorraine, Metz, Nov. 2012 & also the Servan-Schreiber award for contribution to EMDR at the EMDR Europe Association Conference, The Hague, June 2016.

Related publications:

- Shapiro, E. (2009). EMDR Treatment of Recent Events. Journal of EMDR Practice and Research Vol.3, 20th Anniversary Issue.
- Shapiro, E. (2012), EMDR and early psychological intervention following trauma, European Journal of Applied Psychology (ERAP), 62,241-251.
- Shapiro, E. (2007). 4 Elements Exercise, Journal of EMDR Practice and Research, 2,113-115.
- Shapiro, E. (2011), Suggestions for Teaching the Application of Eye Movements in EMDR. Journal of EMDR Practice and Research, Volume 5, Number 2, 2011 73
- Shapiro, E. & Laub, B., (2008). Early EMDR Intervention (EEI): A Summary, a Theoretical Model, and the Recent Traumatic Episode Protocol (R-TEP). Journal of EMDR Practice and Research 2(2), 79-96.
- Shapiro, E. & Laub, B. (2009, 2013). The New Recent Traumatic Episode Protocol (R-TEP). In Luber, M. Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols: Basics and Special Situations. New York: Springer
- Shapiro, E., & Laub, B. (2013). The recent traumatic episode protocol (R-TEP): An integrative protocol for early EMDR intervention (EEI). In M. Luber (Ed.), Implementing EMDR Early Mental Health Interventions for Man-Made and Natural Disasters: Models, Scripted Protocols, and Summary Sheets (pp. 193-207). New York, NY: Springer Publishing Co.
- Shapiro, E. & Laub, B. (2015). Early EMDR Intervention Following a Community Critical Incident: A Randomized Clinical Trial. Journal of EMDR Practice and Research, Vol. 9(1)
- Acarturk, C., Konuk, E., Cetinkaya, M., Senay, I., Sijbrandij, M., Gulen, B., & Cuijpers, P. (2016). The efficacy of eye movement desensitization and reprocessing for post-traumatic stress disorder and depression among Syrian refugees: results of a randomized controlled trial. Psychological Medicine. © Cambridge University Press 2016
- Saltina, Rebecchia, Callerame, Fernandez, Bergonzina and Staracea (2017). Early Eye Movement Desensitisation and Reprocessing (EMDR) intervention in a disaster mental health care context. Psychology, Health & Medicine, 2017

Objectives-

Participants will be able to:

1. Identify and comprehend key features, procedures and concepts of the Recent Traumatic Episode Protocol (R-TEP)
2. Prepare them to apply the R-TEP in their clinical practice
3. Evaluate the significance of the R-TEP and Early EMDR Intervention

Questions?

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Registration at:

emdrearlyintervention.com

Mark Nickerson, LICSW maintains responsibility for this program and its content in accordance with EMDRIA Standards. This workshop is held in facilities which are in compliance with the Americans with Disabilities Act. Please contact Mark Nickerson, LICSW if special accommodations are required. Full completion of an EMDRIA Approved Basic EMDR Training is required.