

The EMDR Group Traumatic Episode Protocol (G-TEP)

Individual EMDR treatment in emergency and disaster situations is often not available to meet the need or preferable.

The accessibility of EMDR therapy in emergency and disaster situations is often limited by the shortage of trained clinicians immediately available when relatively large numbers of trauma victims are involved. This workshop presents a new practical group application of the EMDR R-TEP, the G-TEP (Group Traumatic Episode Protocol) –with its worksheet format for simplified utilization in emergency situations.

The G-TEP will be taught with power point presentation, video illustrations and practices. The EMDR R-TEP and G-TEP have shown beneficial results in controlled studies.

Presented by: **Elan Shapiro, PsyD**
Tuesday, April 24, 2018

The Verve, Crowne Plaza Boston-Natick
1360 Worcester Street
Natick, MA 01760

Sponsored by EMDR Advanced Training & Distance Learning

7 credits: EMDRIA, APA, NBCC approved masters level (LCSW, LMFT, LMHC, LPC)

Registration at: emdrearlyintervention.com

Local questions - info@emdradvancedtrainings.com

Program Fees (7 CEUs and EMDRIA credits):

\$175 if sent by February 15, 2018

\$190 if sent by March 15, 2018

\$199 if sent after March 15, 2018

\$35 discount for EMDRIA regional coordinators, EMDR EI TRN members and other regional intervention volunteers, non-profit employed clinicians (30+ hours/week), and groups of four or more (for distance viewing only)

Full refunds until Feb 15; 80% until March 15; 60% until April 13; none thereafter

Schedule— 8:00am to 5:15pm

8:00am	Registration
9:00	Introduction to G-TEP; Why?; The Challenge of group EMDR; Applying R-TEP for groups; Setup; Worksheet structure overview; the 6+2 STEPS; Practice A procedures with worksheet: STEP 1
10:30	Break
10:45	Practice A procedures with worksheet (continued); STEPS 2-6; Research
12:15pm	Lunch
1:30	Practice B role-play in groups of 3 or 4
3:00	Break
3:15	Continued
4:00	Summary
5:15	Conclusion



Elan Shapiro is a Psychologist in private practice with over 30 years of experience working in a community psychological service in upper Nazareth. Originally specializing in Adlerian psychology he came to EMDR in 1989 after attending one of the first trainings Francine Shapiro ever gave. In 1994 he became an EMDR Institute Facilitator and was among the founding

members of EMDR Europe. He is an EMDR Europe Accredited Consultant and past Secretary of the EMDR Europe Association. Recipient of the Servan-Schreiber award, from the University of Lorraine, Metz, Nov. 2012 & also the Servan-Schreiber award for contribution to EMDR at the EMDR Europe Association Conference, The Hague, June 2016.

Related publications:

- Shapiro, E. (2009). EMDR Treatment of Recent Events. Journal of EMDR Practice and Research Vol.3, 20th Anniversary Issue.
- Shapiro, E. (2012), EMDR and early psychological intervention following trauma, European Journal of Applied Psychology (ERAP), 62,241-251.
- Shapiro, E. (2007). 4 Elements Exercise, Journal of EMDR Practice and Research, 2,113-115.
- Shapiro, E. (2011), Suggestions for Teaching the Application of Eye Movements in EMDR. Journal of EMDR Practice and Research, Volume 5, Number 2, 2011 73
- Shapiro, E. & Laub, B., (2008). Early EMDR Intervention (EEI): A Summary, a Theoretical Model, and the Recent Traumatic Episode Protocol (R-TEP). Journal of EMDR Practice and Research 2(2), 79-96.
- Shapiro, E. & Laub, B. (2009, 2013). The New Recent Traumatic Episode Protocol (R-TEP). In Luber, M. Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols: Basics and Special Situations. New York: Springer
- Shapiro, E., & Laub, B. (2013). The recent traumatic episode protocol (R-TEP): An integrative protocol for early EMDR intervention (EEI). In M. Luber (Ed.), Implementing EMDR Early Mental Health Interventions for Man-Made and Natural Disasters: Models, Scripted Protocols, and Summary Sheets (pp. 193-207). New York, NY: Springer Publishing Co.
- Shapiro, E. & Laub, B. (2015). Early EMDR Intervention Following a Community Critical Incident: A Randomized Clinical Trial. Journal of EMDR Practice and Research, Vol. 9(1)
- Acarturk, C., Konuk, E., Cetinkaya, M., Senay, I., Sijbrandij, M., Gulen, B., & Cuijpers, P. (2016). The efficacy of eye movement desensitization and reprocessing for post-traumatic stress disorder and depression among Syrian refugees: results of a randomized controlled trial. Psychological Medicine. © Cambridge University Press 2016
- Saltina, Rebecchia, Callerame, Fernandez, Bergonzina and Staracea (2017). Early Eye Movement Desensitisation and Reprocessing (EMDR) intervention in a disaster mental health care context. Psychology, Health & Medicine, 2017

Objectives-

Participants will be able to:

1. Identify and comprehend key features, procedures and concepts of the Group Traumatic Episode Protocol (G-TEP)
2. Demonstrate the ability to apply the G-TEP in their clinical practice
3. Evaluate the significance of the G-TEP and Early EMDR Intervention

Questions?

Mark Nickerson, LICSW

info@emdradvancedtrainings.com

Registration at:

emdrearlyintervention.com

Mark Nickerson, LICSW maintains responsibility for this program and its content in accordance with EMDRIA Standards. This workshop is held in facilities which are in compliance with the Americans with Disabilities Act. Please contact Mark Nickerson, LICSW if special accommodations are required. Full completion of an EMDRIA Approved Basic EMDR Training is required.